



# Team Flyers Gymnastics Camp

**WHEN:** July 6<sup>th</sup> – 10<sup>th</sup>, 2026

Monday - Friday from 9am – 4pm

**WHO:** Open to all pre-team, Xcel, & Level 2&up

**WHAT:** A team camp to train skills needed for the competitive season

**COST:** \$250.00. \$50 deposit required to hold a spot. The balance is due at the start of camp. Please go onto your parent portal and select Team Camp.

Each gymnast will need to bring a lunch. Any questions or additional info, please call the gym at (716)483-3056 or e-mail [sherri@flyers-gymnastics.com](mailto:sherri@flyers-gymnastics.com) On the last day of camp July 10<sup>th</sup> parents may come and watch their child perform any new skills achieved at 2:30. There will also be speakers on different subjects each day after lunch. Flyers staff will be coaching camp as well as visiting coaches from other gyms. This might include but is not limited to:

Sherri Melson - Flyers Head Coach and Program Director

Marissa Miller – Flyers Head Optional Coach

Fawn Schuster- Flyers choreographer & Team Ballet Coach

Emily Chapman – Flyers Team Coach

Mara Marsh – Flyers Team Coach

Kelsey Smith – Flyers Coach

Brad Sieber – Flyers strength Coach